



# Blount

## Unbreaded Calamari Rings - (2/5 lb)

Join the thousands of restaurateurs who have successfully added calamari to their menus, making it one of the nation's most popular appetizers.

### PRODUCT INFORMATION

#### Case Configuration

Case Pack: 2/5 lb  
Net Weight: 10.0 lb  
Gross Weight: 11.0 lb  
Case Cube: 0.59

#### Pallet Information

HI/TL: 6/10  
Cases per Pallet: 60

#### Dimensions

Length: 16.20"  
Width: 10.20"  
Height: 6.20"

#### Bar Codes

00077958604543  
Blount Code: 60454



### INGREDIENT STATEMENT

INGREDIENTS: Calamari (Squid).

Contains: **Squid**.

Manufactured by:  
Blount Fine Foods  
630 Currant Road, Fall River, MA 02720  
(774) 888-1300 Fax (774) 888-1399

[www.blountfinefoods.com](http://www.blountfinefoods.com)

#### Nutrition Facts

Serving Size 4 oz (114g)  
Servings Per Container 20

Amount Per Serving

**Calories 70**    Calories from Fat 5

% Daily Value\*

**Total Fat 0.5g**    **1%**

Trans Fat --g

**Cholesterol 275mg**    **91%**

**Sodium 80mg**    **3%**

**Total Carbohydrate 1g**    **0%**

**Protein 15g**

Iron 4%

Not a significant source of saturated fat, dietary fiber, sugars, vitamin A, vitamin C, and calcium.

\*Percent Daily Values are based on a 2,000 calorie diet.